



BARBADOS ITINERARY 2024

Tuesday December 3 Arrival on the island & check-in. Official hotel is the Radisson Aquatica Resort Bridgetown (walking distance to many of the historic sites). Rates are from \$184 to \$209; you are free to book a room at any hotel of your choice, however, the Radisson is the most central and more affordable of the beachfront properties for the itinerary.

Wednesday December 4 Sightseeing options - **The Garrison** is situated nearby and is where the British West India Regiment was headquartered. In 1751 George Washington stayed there for 6 weeks with his sick brother and the building is now referred to as the “George Washington House”; it is also where the lowering of the Union flag (UK) and the raising of the Barbados flag in recognition of its independence took place in 1966. **Queen’s Park Gallery** visit and end the day with dinner at **Lobster Alive @ Wesley House**, Bay St. Bridgetown. Rated the #1 restaurant in Barbados features jazz music, and ocean views.

Thursday December 5 Group outing **University of West Indies at Cavehill** Special Presentation on Exploring Ties between Barbados & the Carolinas: A Look at its History and Culture; Dinner @ **Buzo Osteria** (Italian).

Friday December 6 Free day for sightseeing or lounging on the beach; Suggested visit to **Nidhe Israel** (tours between 10 AM & 2 PM) Admission is \$12.40. Original synagogue was built in 1654 through destroyed by fire in 1831 and rebuilt. The Jewish community came from Brazil after fleeing persecution in Portugal. They brought the needed skills to grow and cultivate sugar cane. The synagogue is now part of the Barbados National Trust & a UNESCO site. Dinner at **Oistens Bay Garden** for authentic Bajan cooking (fresh red snapper, marlin, ahi, lobster & BBQ chicken) and music (RT shuttle from hotel with free drink \$30.00 US). Buses & taxis are also available to Christ Church Parish and stop at the Fish Market. Meal prices vary but start under \$15-30 BDS. Peak hours 7:30 – 9 PM.

Saturday December 7 Free day for sightseeing. The **Barbados Art Council** is now located on Harbour Rd. in the Pelican Craft Center. Neville Crawford, a past No Boundaries Artist is a member and exhibitor. Group dinner @ **Champers Restaurant & Art Gallery**

Sightseeing Options

Scotland District – Flower Forest consists of 53 acres and sits 750’ above sea level. Frequent gold medal winner at the Chelsea Flower Show in London. Open daily from 8 am to 4 pm.

Brighton Beach Mount Gay’s Rum Tour Tours are done on Monday, Wednesdays and Saturdays. The distillery has one of the three remaining copper stills in the world and a centuries old well that has coral filtered water. The Tour is expensive but includes lunch, a class on cocktail making and of course, a tasting. Visit the website for details and/or to make a reservation, if interested - www.Mountgayrum.com

George Washington House Tour and the Mysterious Garrison Tunnels Admission \$20US (adults) \$10US (children)

The Museum of Parliament and National Heroes Gallery is presently closed for repairs; however guided tours of Parliament house are still available when Parliament is not in session.